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The Tiverton Senior Center

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JUNE 2024

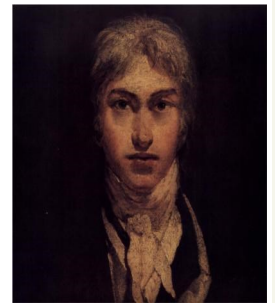


The Center will be closed on Wednesday, June 19th
in Observance of Juneteenth

Thursday, June 6th at 10:15 a.m.: *J. M. W. Turner, the Pride of Great Britain*

Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Presentations are for people of all backgrounds – artists and non-artists alike. The featured topic,

J. M. W. Turner, the Pride of Great Britain, features one of Great Britain's most controversial and beloved 19th Century painters. Explore his light-infused images with bright colors and unusual brushwork which were a mystery to many of those around him, and a powerful inspiration to those who followed. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

Betsy Sowin
Office Assistant

Paul Anderson
Bus Driver

Phil Ferreira
Manny Fontes
Maintenance

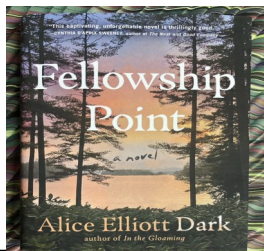
Nanci Lambert
Dining Assistant



URI Pharmaceutical Outreach Program presents:

Nutrition as We Age on Thursday, June 13th at 10:15 a.m. Join us for a discussion of ways we can best adapt our nutritional needs as we age with dietary recommendations and supplementation.

STRAWBERRY TIME! This year we will celebrate Native Strawberry Shortcake Day on Friday, June 14th (FLAG DAY) at 1:00 p.m. \$2.00 donation per serving; Music by Gary Farias; please sign up in the office



BOOK GROUP—Tuesday, June 18th at 10:15 a.m. This month's selection is *Fellowship Point* by Alice Elliott Dark. A story of life long friends, aging gracefully. **Large print books available- All are welcome to join this free & fun group**

Introducing Boot, Scoot & Boogie
LINE DANCING with JO-ANN
FRIDAYS at 1:00 p.m. FREE!



ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room

Learn Ukulele Monday 1-2 p.m._ \$20 for 6-week session

Functional Fitness with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00

Quilting for Charity meets every Monday at 10:00-3:00 p.m.

Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3 p.m.

Chair Yoga with Shirley—Tuesday’s at 9 a.m. Class fee is \$3 per class.

Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.

Paint with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session

Book Club Tuesday, June 18th at 10:15 a.m. : “Fellowship Point”

Mahjongg– Tuesdays and Fridays, 11:00 a.m.-3 p.m

Wednesdays: 12:30-3 p.m. Cribbage (Game Rm)

Chorus –Wednesdays at 12:30 in the Lounge

Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members

CENTER MEETING will be held on **Thursday, July 11th at 10:15 am**

TECH TIME with Kristin-Thursday, June 13th 10 a.m. (monthly)

BINGO-Thursdays!!! 1:00-3:00 PM Start Promptly at 1:00

Knitters for Charity-Thursdays at 1:00-3:00 p.m.

Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class



**Thursdays @ 1:00 SHARP !
June 6th, 13th, 20th and 27th**

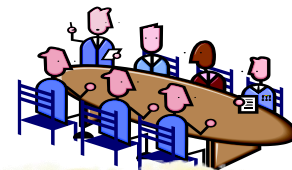
Our next Center Meeting will be Thursday, July 11th at 10:15 a.m. All members are invited to attend.

TECH TIME with Kristin!–Second Thursday of the month – June 13th at 10:00 a.m. Kristin Amaral, Technology Coordinator from the Tiverton Public Library will be here to help with all your technical issues; especially those so called, smart phones! .



CARE GIVER SUPPORT GROUP

Alzheimer’s and Care Giver Support Group will meet on **Mondays, June 10th and 24th from 2:30 to 3:45p.m.;** Nurse Care Manager: **Janet Grapentine** facilitates this group. **New care givers are always welcome.**



Blood Pressure Check with Terri
Visiting Nurse Home & Hospice~
Thursday, June 20th 10:00-11:30 a.m.



Enjoy the Music of Sandy Cook

Most Wednesdays

12:30—3 p.m.



JUNE 2024!

		Loretta Clark	09		
		Evelyn Ibbotson	10		
		Muriel White	10		
Bruce Isador	01	Doris ‘Dot’ Peacor	11	Delores Soares	22
Frank Koch Jr.	02	Joyce Stevens	12	Christine Cooper	27
Cheryl Carrillo	04	Colette Stowell	13	Patricia ‘Pat’ Souza	28
William ‘Bill’ Behm	05	Frank Rogers	14	Cynthia Thomson	28
Frank Cambra	05	Denise Saurette	17	John Fortin	28
Beverly Wilber	06	Betsy Sowin	19	Louise Robinson	29
Robert Barlow	06	Vivian Fitzgerald	19	Ana Oliveira	29
Elaine Koch	07	Eugene Lavoie	21	George Poirier	29
Deborah Goetz	08			Leo Braz	30
				James Davis	30



